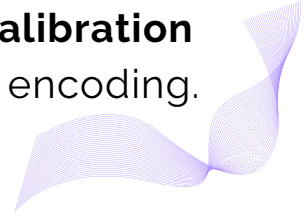


DAILY QUANTUM TRACKING

This section follows the sacred order of:
Awareness → Energy → Pattern → Calibration
so you're not just journaling — you're encoding.



1. Mood Signature

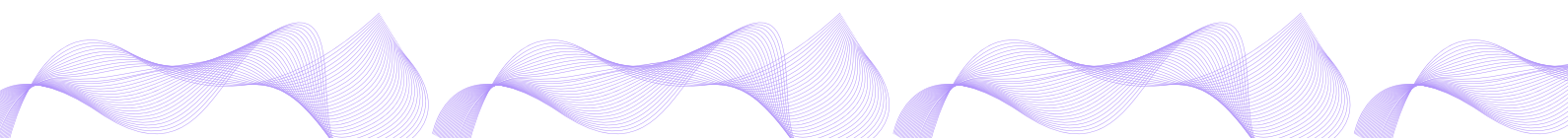
What am I feeling in this moment? Name it honestly.

- Grateful
- Peaceful
- Anxious
- Focused
- Inspired
- Expansive
- Triggered
- Neutral
- Other:
- Other:



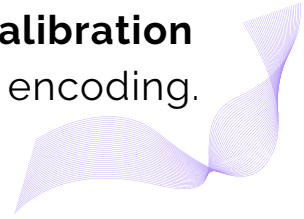
Reflection:

Today, my mood is rooted in...



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2. Frequency I'm Broadcasting

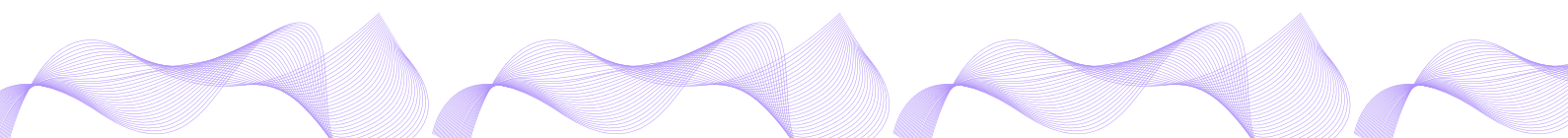
What is the dominant energy I'm radiating outward today?

- Abundance
- Love
- Power
- Clarity
- Doubt
- Overflow
- Mystery
- Magnetic Stillness
- Other:
- Other:



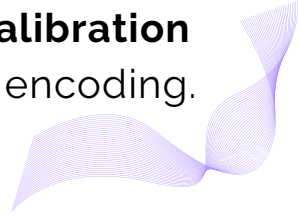
Reflection:

This energy is attracting...



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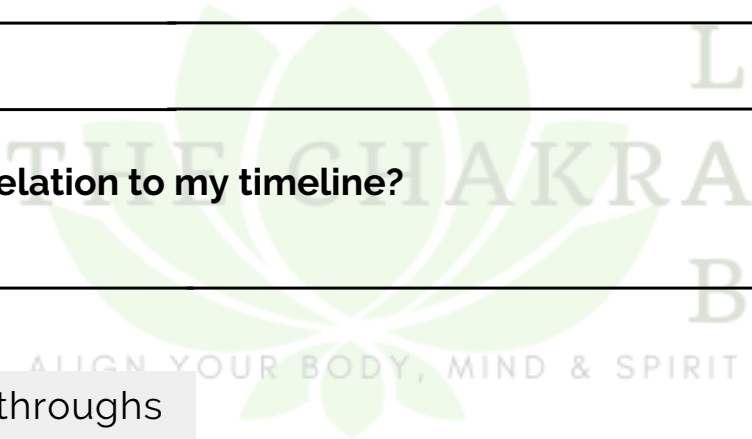


3. Symbols + Synchronicity

What signs, animals, numbers, messages, or dreams have shown up today?

I noticed:

What could this mean in relation to my timeline?

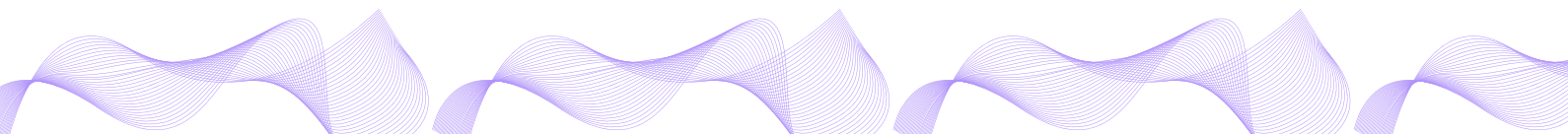


4. Time Loops or Breakthroughs

What patterns repeated? What moments shifted everything?

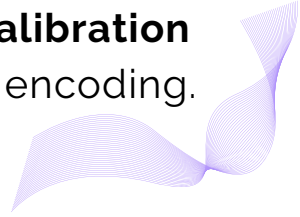
Repeating Pattern:

Quantum Shift:



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5. Collapse Calibration

What belief, identity, or behavior did I collapse today?

Old Identity Collapsing:

New Embodiment Replacing It:



Today's Collapse Command:

I declare:

This Quantum Tracker is like your spiritual lab notebook — a magnetic space to track patterns, collapse codes, and re-calibrate timelines day by day.

